

# Introduction & Background

for

USEPA VI Workshop at AEHS WC Conf.

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*More Cost-Effective Vapor Intrusion (VI)  
Cleanup & Exposure Protection Strategies?*

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w/ Drs. Crincoli, Lutes, Holton, Stewart, Schumacher, Zimmerman, Williams, Abreu & Lee

# As you know, We've spent Decades ...

- Building, interpreting & evaluating Vapor Intrusion ***data sets***, for:
  - Model predictions
  - A few 'random' grab/24-hr indoor air samples
  - Continuous indoor air samples over months to years
- But the challenge to address VI exposures **cost-effectively** remains largely **un-met**:
  - Typical 'reasonably affordable' methods are now known to be *in*-effective, &
  - Fully-effective methods, e.g., **cont.** monitoring ea. Bldg. are **cost\* prohibitive**
    - & 'smartly' timed indoor air samples are improving, but still short of 95% Confidence of GW<sub>ing</sub>
  - **We could use a more practical and cost-effective approach** for VI problem

\*Financially & **Socially**

(**indoor access to sample & acceptability of bldg.-specific mitigation 'bringing' contamination towards their bldg.**)

# Today *you*\* will get to choose Alternate project management Strategies in Simulations

- That is:
- We will *all* see the **Costs** and **Effectiveness** of your chosen;
  - **VI Site Investigation & Mitigation/Remediation** project management **Strategies**
- In Simulation(s) using real evidence from field-measured Data-Rich Case Studies
- In summary, the VI cleanup and exposure prevention provided / \$\$
- This is a developing simulation tool & we hope to have multiple runs today

# Introduction

- EPA partners with other federal agencies, states, tribes, local governments, and communities to meet its **core mission of cleaning up legacy contamination** and revitalize land for reuse.\*
- Chlorinated solvents, such as PCE, TCE, DCE & VC (sometimes called **Chlorinated Volatile Organic Contaminants (CVOCs)**) can be some of the **most common legacy contamination** at many of our cleanup facilities/sites.
- Spills of **chlorinated solvents commonly form long-lasting plumes of contaminated groundwater**, much of which is now off the site of release and flowing under communities.

\* ~OLEM section of *Project 2025* document

These CVOC-contaminated GW plumes have caused *unacceptable* exposures in the past

- Unknowingly, or unavoidably, many communities **ingested/drank CVOC contaminated** groundwater (GW) from private or public water supplies *pulling* contaminated water into their **well's 'capture zone'**
  - Community **health studies** of those areas showed **elevated Disease rates**, and significant medical & lost-work cost burdens.
- Water **exposures** were successfully **controlled decades ago**, because:
- **GW Cleanup & Exposure prevention management strategies** had **Evolved** to;
  - **Cost-effectively & successfully prevent all\* drinking exposures**, while cleanups continue


# How did contaminated GW<sub>ingestion</sub> Cleanup & Exposure Prevention Strategies Evolve?

- Four (general) stages:\*
  - 1) Initial recognition of concern for exposures (1950-70s)
  - 2) Early approach to assessment (1980s)
    - Tap/sink-water samples to confirm *building-specific exposure pathway*)
  - 3) Experience-based approach: (1990s-)
    - Assess *areas* Contamination in **environmental media** (GW) & use **Physical controls** to **prevent** a Complete pathway for *unacceptable Exposures*
  - 4) Observations (& Comparisons) of Community Health/Disease rates
    - Before &
    - After stopping (ingestion) exposures\*\*
- The cost-benefit of contaminated **GW<sub>ing</sub>** cleanups are documented

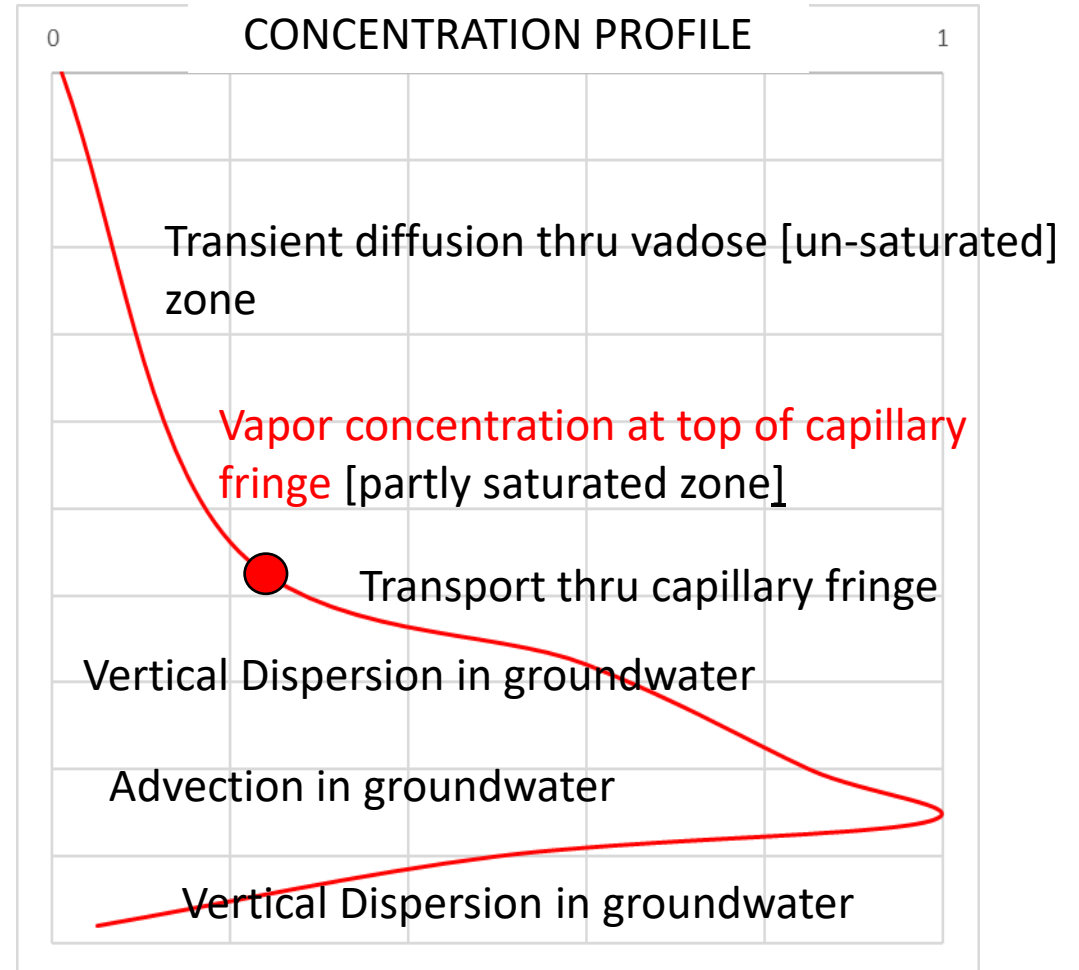
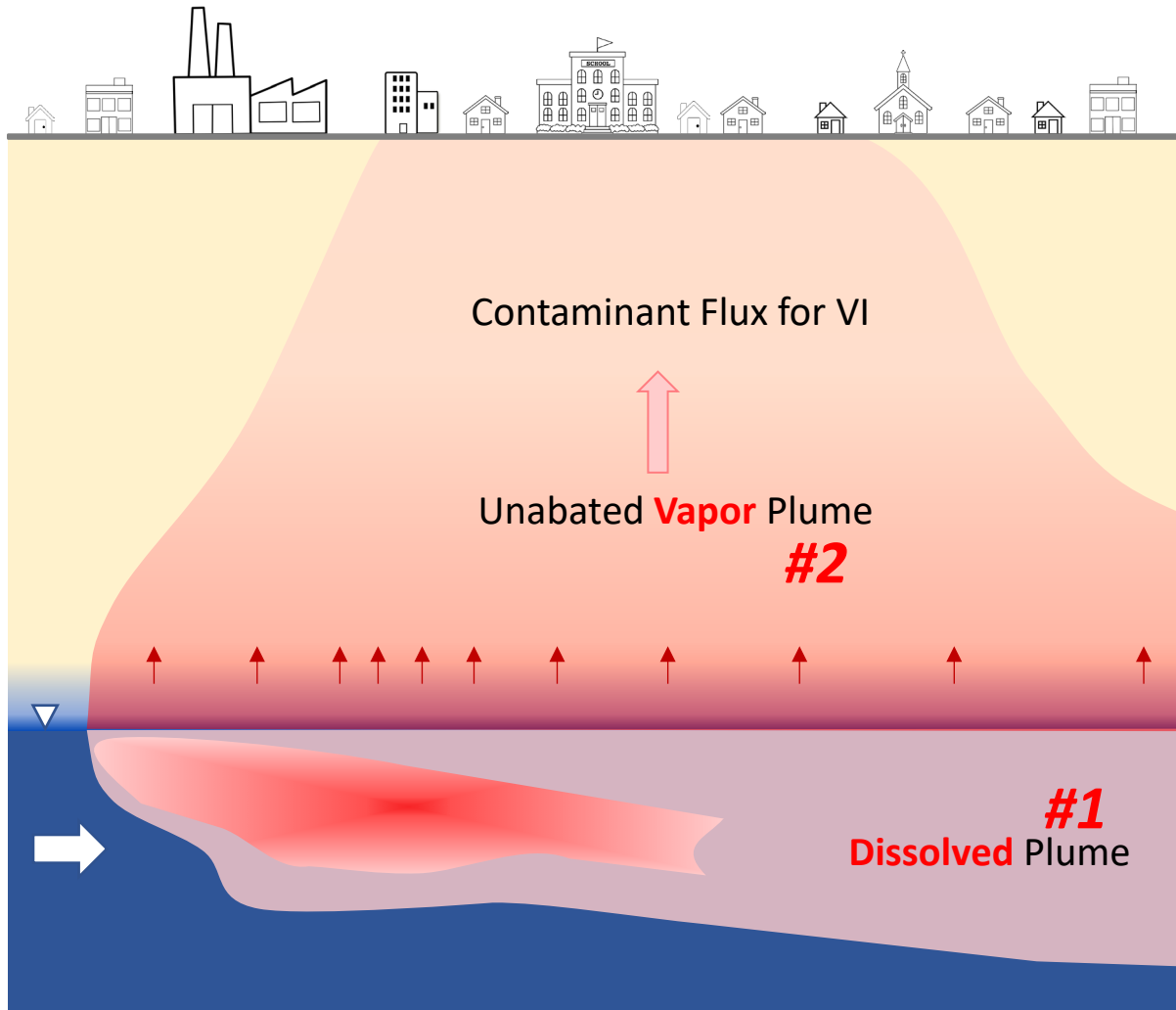
\*personal perspective

\*\*some cases where elevated disease rates continued (VI?)

# But we have a Two Plume problem

- With CVOC contamination both *in* and *from* the GW media
  - Plume 1 – has CVOC contamination *in* the GW media
  - Plume 2 – Is the CVOC contamination *from* the contaminated GW media
- **Plume 1 problem:**
  - CVOC contaminated **GW ingestion** exposures is **~Solved** 
- While GW plumes are being cleaned up, they are *mostly still there*
- **Plume 2 problem:**
  - Volatile (vapor-forming) Organic Contaminants are entering the soil gas and indoor air of **occupied** buildings/structures above
  - Groundwater sourced Vapor Intrusion (**GW<sub>VI</sub>**)

# Conceptual Model for Upward Mass Flux from Contaminated Groundwater - *TWO Plumes*



[Figure by Bo Stewart, PhD, modified by inserted text is italicized for this Introduction]



# The Cost-effective and Successful Strategies for Contaminated GW<sub>ingestion</sub> risks *involved*:

## Environmental Monitoring to:

- 1) Define the **Nature & Extent** of the contaminated GW plume
- 2) **On-going GW Monitoring** to verify the Remedy/Cleanup can show:
  - **Control** so contamination plume is **Not Expanding** – causing increasing or new risks
    - &
  - **Keeping** contaminated **plume away from** water-supply **well capture zones**
    - And/Or as needed, point-of-use treatments or
      - Allowing some controlled blending of wells w/ **thorough monitoring** of water supplies by “RPs”
  - All while **Cleanup** of Contamination (*dissolved*) in GW is **continuing & progressing**
- Thus, meeting our core Mission **Protect Human Health & Environment** by:
  - Providing **Clean** drinking **Water for Every American**

# Some Background for EPA's 2025 Vapor Intrusion (VI) Workshop

- A **Comparison of Project Management Strategies** for Cleanup and Prevention of 'complete' and unacceptable Exposures via:
  - Groundwater (**GW<sub>ing</sub>**) ingestion
  - Vapor (from GW) Intrusion (**GW<sub>VI</sub>**) inhalation
- In Summary:
- **GW<sub>ing</sub>** Cleanup & Exposure prevention has evolved to a **highly effective**
  - Clearly & successfully preventing ~all\* exposures, while cleanups continue
- **GW<sub>VI</sub>** Cleanup & Exposure prevention remains **largely ineffective\***
  - Typical methods are 'expensive' & have confidence levels ~ the 'flip of a coin'

\* Personal perspective

I recall, we spent ~5 yrs modeling\* & 25 yrs 'grab' sampling vapor indoors (at convenient/random times), i.e., sampling indoor air **for VI:**

- Inside **highly variable Human Built indoor environments**, i.e.,
  - After interaction with
  - Near-surface excavations, sewer & utility conduits/piping Bldg. excavations/in-fill material under buildings with known variability in:
    - Basement/foundation (& whole building)
    - Design
    - Construction
    - Condition/Age
    - Modifications
    - Operations
    - 'Representative' Rooms at the Exposure Point (Bldg.-specific)
    - Climate/weather zone
    - Orientation to (sun & wind), Topography, vegetation, etc. ...

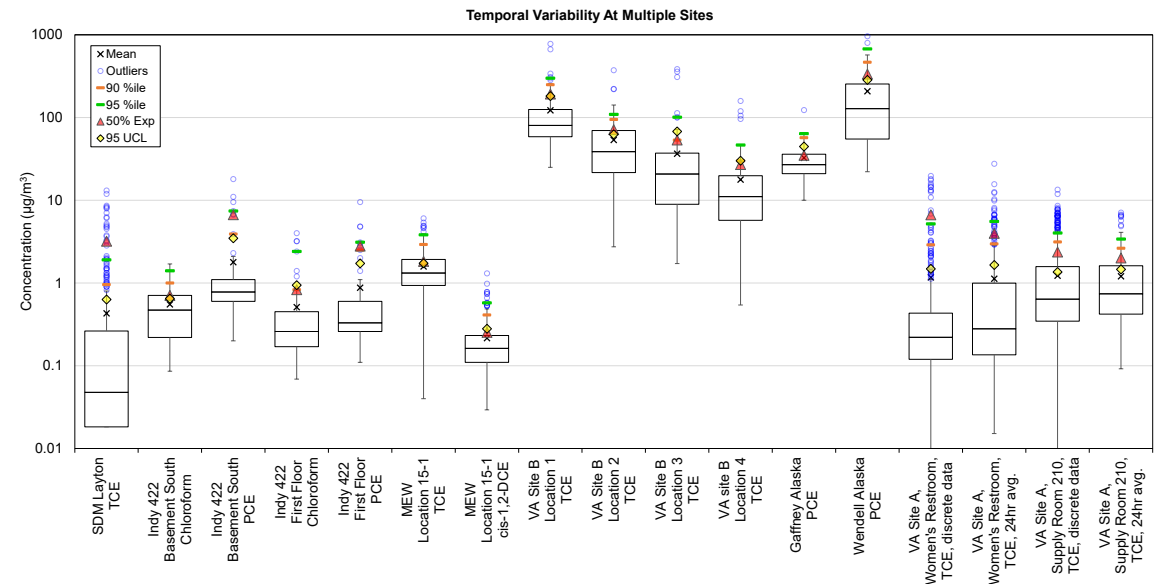
This is the zone of:  
**Un-natural attenuation**  
**Not predictable\*\***

\*for model results that could *not* be validated (unless we called silty-clay with some desiccation cracks, a sand (because it 'behaved like a sand') at CDOT site Colo.

\*\*In my opinion

# Now after ~10 yrs of long-term ~continuous sampling indoor air in ~dozen bldgs., we find:

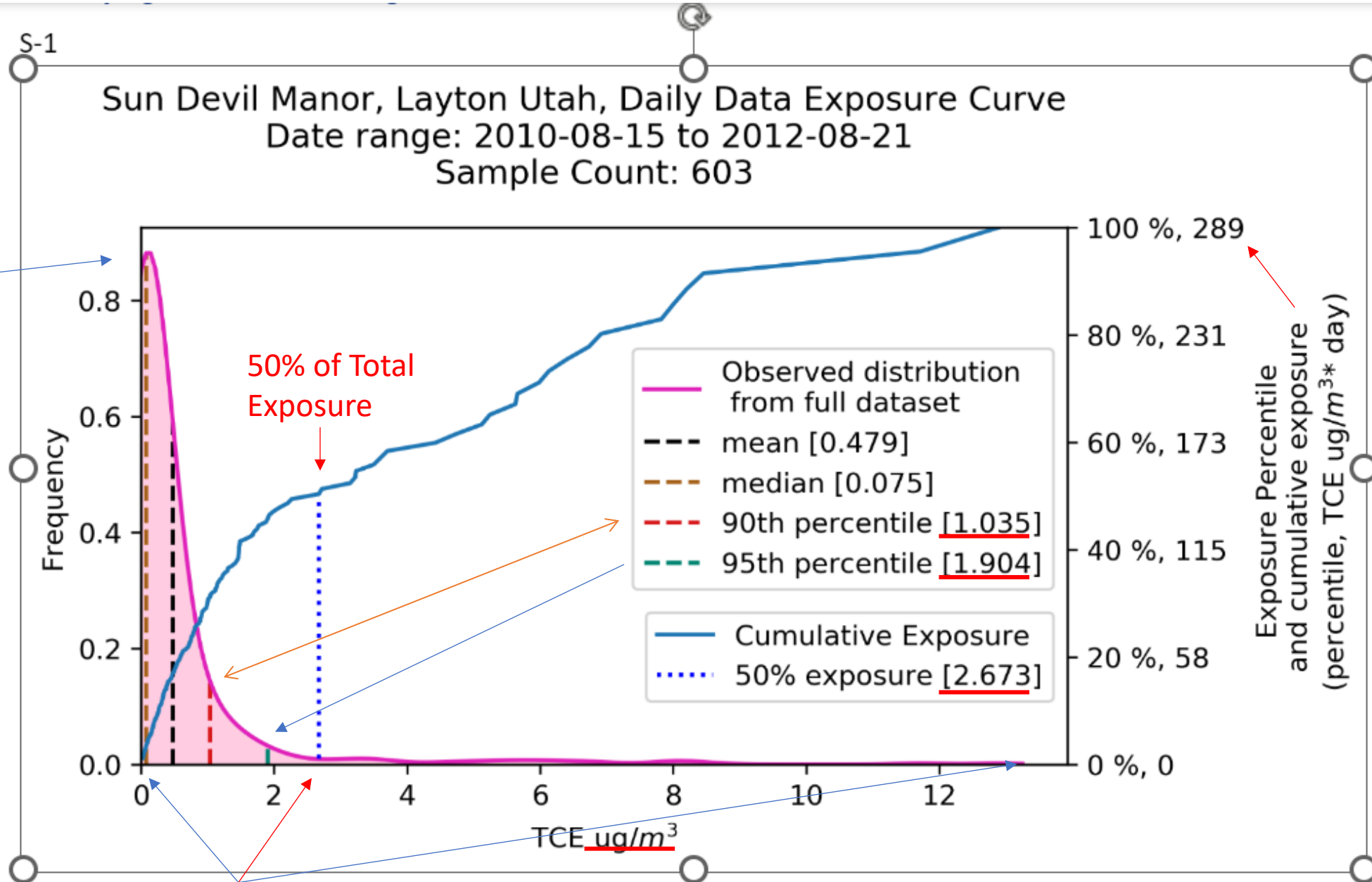
- It appears that indoor air VI conc. are **commonly so variable** on short-time frames, that relatively **rare** and unpredictably **episodic peaks** with conc. 1-3 OoM > baseline;
- Can largely **determine** both
  - Short-term and
  - Long-term (annual average)
- **Exposures and risks**



Fraction of  
**Freq. of  
Data  
& Time**

(for equal  
timed  
samples,  
shows)

~**85%** of  
**data/time**  
with **~0**  
**Conc.** &  
**~0** total  
**Exposure**



If you  
sampled  
all conc.  
up to **95<sup>th</sup>**  
**%ile Conc.**  
it would  
Only  
represent  
**~40%** of  
**Exposure**

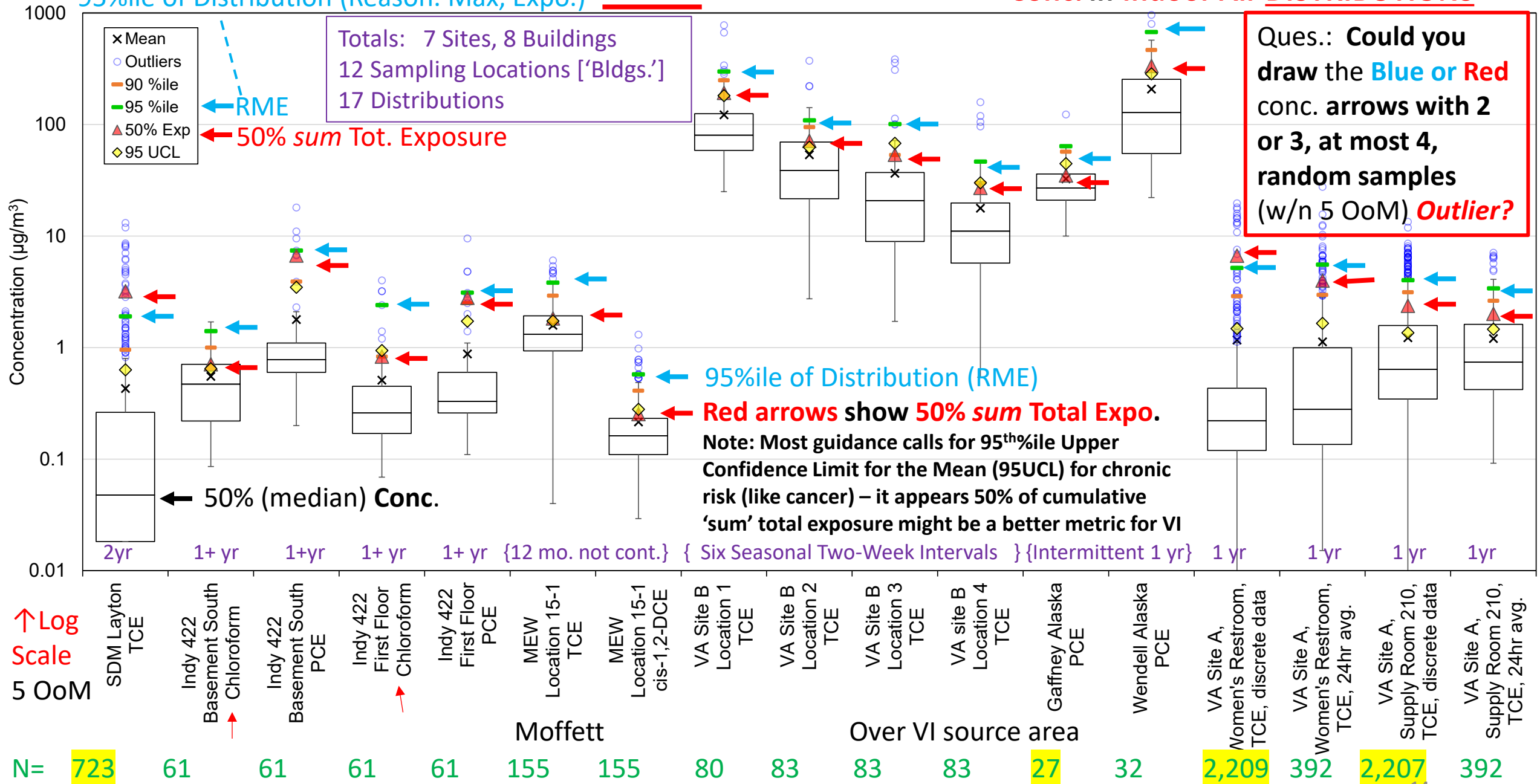
**Highest**  
**5%** of  
data;  
**Conc. 95-**  
**100<sup>th</sup>ile**  
represent  
**~60%** of  
**Exposure**

**50% of total exposure from 3.5% of the 2-yr time/samples (w/ conc. >2.673 ug/m³)**

95%ile of Distribution (Reason. Max, Expo.)

Temporal Variability At Multiple Sites

Conc. in Indoor Air DISTRIBUTIONS



Too often 90% of the samples contribute less than half (50%) of the Total exposure (~<10% samples >50% of Expo.)

# List of diseases assoc. w/ CVOCs is growing

- For example, **TCE & Parkinson's Disease (PD)\***
  - The number of people with Parkinson's disease (PD) has more than **doubled in the past 30 years** and, absent change, will **double again by 2040**
- A literature review (including 7 **TCE case studies** involving 8 individuals, **epidemiological studies** of **workers/hobbyist using TCE**, and soldiers at **Camp Lejeune, NC**) indicates;
  - **Environmental contamination** “is contributing to the **global rise of PD** and that **TCE** is one of its invisible and **highly preventable causes.**”
- **“We conclude with a call for greater** research on its effects on PD, **protection from and remediation of contaminated sites**, and banning of this century-old chemical that has caused immeasurable harm to the public's health.”

\*Dorsey et al. Journal of Parkinson's Disease 13 (2023) 203–218

# 12 Physicians urging us to do our Cleanups\*

- **Recommendation** “2. **Clean and contain contaminated sites** – Hundreds of thousands of sites are contaminated across the U.S. and globally. They are found in strip malls where dry cleaners used to operate, on military bases where use was widespread, in cities near old manufacturing sites (especially those near rivers or streams), and in rural areas where landfills were created to dump hazardous waste. Fortunately, **contaminated sites can be remediated, and homes, schools, and workplaces can be protected by vapor intrusion mitigation systems like those used for radon.** Until they are cleaned, existing contaminated **sites must be contained, limiting exposure for humans** and nature. Local, regional, and national authorities should take responsibility in overseeing **rapid control of contaminated sites.**”
  - “route of exposure to TCE and other volatile chemicals was recognized: **vapor intrusion**”

\*Dorsey et al. Journal of Parkinson’s Disease 13 (2023) 203–218



# Today **You** will get to simulate alternate futures to see the Cost-Effectiveness possible

- With limited computer simulation time,
- We hope we get to explore your most interesting VI protection strategies
- Thank You